



Pharmacia  
& Upjohn

Please read this leaflet carefully before you use your medicine. This leaflet provides some useful information for you on your medicine. If you have any questions about anything, please ask your doctor or pharmacist.

**REMEMBER:** This medication is for YOU. Never give it to others. It may harm them even if their symptoms are the same as yours.

### What is your medicine?

The name of your medicine is Detrusitol Tablets. Each tablet contains 1 mg or 2 mg of the active ingredient tolerodine L-tartrate (corresponding to 0.68 mg and 1.37 mg tolerodine).

The tablets also contain the following inactive ingredients: microcrystalline cellulose, calcium hydrogen phosphate dihydrate, sodium starch glycolate, magnesium stearate, colloidal anhydrous silica, hypromellose, stearic acid, titanium dioxide (E171).

Detrusitol 1 mg tablets are white and marked with arcs above and below the lettering TO.

Detrusitol 2 mg tablets are white and marked with arcs above and below the lettering DT.

Your medicine is available in the following pack sizes:

Blister packs containing 28 tablets (2 strips of 14 tablets) 56 tablets (4 strips of 14 tablets) 60 tablets (container)

### Who makes your medicine?

Detrusitol is made by Pharmacia & Upjohn SpA, Marino Del Tronto, Ascoli Piceno, Italy,

### How does Detrusitol work?

Detrusitol helps to normalise bladder activity. This enables you to hold on longer before going to the toilet and increases the amount of urine your bladder can hold.

### What is your medicine for?

Detrusitol is for the treatment of the symptoms of unstable bladder conditions, i.e. needing to rush to the toilet with no warning, needing to go to the toilet frequently and/or not getting to the toilet in time and wetting yourself.

### Before taking your medicine

You should tell your doctor if:

You are pregnant, you think you may be, or you are trying to become pregnant.

You are breastfeeding your child.

You have ever reacted badly to tolerodine or any of the other ingredients before.

You suffer with glaucoma (high pressure in the eyes, with gradual loss of eyesight).

You suffer from Myasthenia gravis (a disease marked by abnormal fatigue and weakness of selected muscles. Symptoms include drooping of upper eyelid, double vision, blank facial expression, slurred unclear speech).

You have difficulty passing urine and a poor stream of urine.

You have obstructive gastro-intestinal disorders affecting passage and digestion of food - your doctor will have told you if you have this.

You have hiatus hernia (you may experience heartburn which becomes worse when bending or lying down).

You have liver or kidney disease.

You are taking any drugs such as tranquillisers or anti-depressants, macrolide antibiotics (erythromycin and clarithromycin) or antifungal agents ( ketoconazole, itraconazole and miconazole), as these may alter the effect of Detrusitol.

You are taking any other medication.

You suffer with severe ulcerative colitis, or toxic megacolon - your doctor will have told you if you have this.

Autonomic neuropathy, you may experience numbness, tingling, pain or muscle weakness.

### How should you take your medicine?

**Adults and Elderly:** The usual dose is 2 mg twice daily. Your doctor may reduce the dose if you have liver problems. Your doctor will advise you of how many tablets to take and how often.

Detrusitol is not recommended for children.

### How long should you take your medicine?

Your doctor will advise you of the length of treatment.

You should finish the course of tablets as you may not see an immediate effect, because your bladder will need to adapt. If you have not noticed any effect by the end of the course, discuss it with your doctor.

### **What should you do if you forget to take your tablets?**

If you forget to take your tablet(s) at the usual time, take it (them) as soon as you remember unless it is time to take the next one. Do not take more than one dose at a time. Continue to take your tablets as instructed on the label.

### **What if you take too many tablets?**

Do not take more tablets than your doctor has told you to. If you take too many tablets by accident seek medical help from your doctor or casualty department immediately.

### **Are there any side effects?**

In common with other drugs this medicine occasionally causes side effects in a few people.

Detrusitol may cause the following:

#### ***Common:***

- dry mouth
- constipation, abdominal pain, flatulence, vomiting, heartburn.
- headache
- dry skin
- decreased tear production (dry irritable eye)
- sleeping disturbances, nervousness
- abnormal tingling sensations e.g. pins and needles.

#### ***Less common:***

- blurred vision
- chest pain

#### ***Uncommon:***

- allergic reactions e.g. itchy rash
- difficulty in passing urine
- confusion

If these are a problem, or if you suffer from any other unwanted side effects while taking your medicine, please tell your doctor or pharmacist.

### **Looking after your medicine**

You should not use your medicine after the 'use before' date printed on the carton and label.

Keep all medicines where children cannot reach them. Your medicine could harm them.

Return any unused medicine to the pharmacist for disposal.

### **Further information**

#### **What else can you do?**

Bladder training - this helps you regain control of your bladder so that you can extend the length of time before passing water. You can do this by holding on for as long as possible before passing water.

Pelvic floor exercises - these strengthen the muscles which can help you to 'hold on' longer before passing water. This will help if you leak when you cough, laugh or sneeze.

If you require details of these contact your doctor or the organisations below.

The leaflet was written on the 16/4/98